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Reflection on Social Challenges in Aging

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Reflection on Social Challenges in Aging

Aging comes with various social challenges to people when regarding family, marriage, and companion status. These social challenges are brought by the fact that older people are predominantly taken care of their families and those closest to them who in most or some cases find the whole idea of taking care of these senior citizens to be hectic because their lives are usually accompanied by lifestyle diseases and disabilities which can be expensive to manage. When not adequately planned for, aging can create a bad environment whereby family members can have low-income family relationships. Because as people age, they become less independent and unable to do the normal activities they used to do for self-sustenance, they have to rely on others so often to live, and this can break family, marriage, and companion for the people being relied on by the elderly may feel being financially or emotionally being exhausted by these aging individuals. So, to curb and reduce these social challenges faced during the aging process, both the government and individuals should plan for their old age to live a better life with no regrets.

Therefore, the public pension system is one of the surest ways of ensuring that the elderly live a good and comfortable life when they reach retirement age and the period when they are less active due to their old age. I agree with Hendricks et al. (2006) that the public pension system, throughout its establishment through to world war II and to date, has become one of the significant European social policy plans which have ensured that the retirees don't suffer after their contribution to the development of their countries. By so doing, the system has promoted the growth of the GDP of various countries. Even though it faces various challenges in its implementation, the pension system has regulated the markets by perfectly ensuring an orderly transition out of employment (Hendricks et al., 2006). Nations should give it their all in embracing such noble ideas to protect the elderly after their retirement.

Family traditions are some of the essential values and norms that should be passed from one generation to the next to make every generation aware of their cultural, political, and social heritage. It helps the generation in existence be aware of and have a sense of belonging through family traditions heritage. Therefore, parents and grandparents should be able to teach their children and grandchildren current hobbies and items worth saving to the next generations and return their children to pass the same items to their next generations. This whole process will create generations that clearly understand their heritage, family lineage and so be able to dearly protect what the family has considered sacred and essential since the beginning of the family generation. Every community has a culture that they hold so dear that makes them distinct from others. Notably, the distinction of cultures in every generation has been due to the fact every generation of a community has been able to pass to their next-generation such cultures, and that is why even to date, we can clearly distinguish communities such as African, Asian, and even White Americans. It is not only through their skin color that such distinctions are made but also because these groups have unique cultures different from others that they inherited from their fore-parents, and that is what makes them who they are.

I tend to agree that grandparents of African American accent opt raising grandchildren at a higher rate compared to other race found in American. It is true that the attentive caregiving the grandparents offer to their children is because of the political, social, economic, and historical differences that have been experienced by this community and they pass such experiences to their next generations and that culture has been a way of their lives (Peterson, 2018). Historically, the black community has experienced racial discrimination more than any community, so their sensitive culture of children upbringing.

References

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